



Centres For Seniors Windsor

635 McEwan Avenue

519-254-1108

March 2010 Hi - lights



Anthony J. D'Angelo said
"Wherever you go, no matter what the weather, always bring your own sunshine". Even though March's

weather is unpredictable, there is lots of sunshine, warmth and friendship in our Centre! Bring a guest with you this month so they can enjoy all the sunshine!



A big **Job Well Done** to all our men who helped with our Pancake Breakfast last month. You all did a great job!

PLEASE NOTE: On inclement weather days, please call the Centres to ensure that your class has not been cancelled.

Attention All Members. When you sign-in at reception, please show your Membership tag. All volunteers and staff at reception will be asking to see it. **Membership Fees and Payments are now due.** You can pay by cash, cheque, MasterCard or Visa. Please see Nancy in the Membership Office.



Zumba. There will be no Zumba classes on Monday, March 1st and Monday, March 8th.

Thursday, March 4th, 12:30 pm - Birthday Celebration. Do you have a birthday this month? If so, this is the day to join us for birthday cake and song

Monday, March 8th and 22nd Chair Massage with Bonnie Dupuis. Please make your appointment at reception.



Tuesday, March 9-10:30 am Healthy Legs Seminar presented Shopper's Home Health care in the Resource Centre. Personal compression stocking fittings in a private setting.



Saturday, March 13th, 2 pm - 6 pm.
"Leprechaun Boogie Party" Dinner Dance. Tickets are \$15 and are available at reception until Friday, March 5th. Please

Note that no tickets will be sold the day of the event.

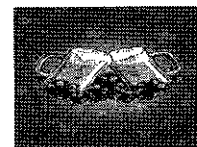


Spring ahead Sunday, March 14th. Don't forget to set your clocks ahead.

Saturday, March 27th, 8 pm - Windsor Elvis Fest Presents "Tribute to the Stars". Join us in the Collavino Hall, at the WFCU Auditorium as Johnny Cash (Rick Duin) and Patsy Cline (Dawn Peddie) entertain us. Tickets are \$12 and available at both Centres. This is a fundraiser for our Centres.

Join us also on **April 27th and May 8th** for two more Tribute Artists shows. You can purchase tickets to all 3 shows for \$30.

Wednesday, March 31st, 10 am. Join us in the Resource Centre for a presentation on **"Seniors Pinching Pennies"** presented by Home Instead Senior Care. This will prove to be another interesting and informative session!



Looking Ahead To April



Centres For Seniors Windsor will be closed Friday, April 2nd For Good Friday and Monday, April 5th for Easter Monday. All Programs and services are cancelled. See you all on Tuesday, April 6th.

Thursday, April 8th and Wednesday, April 14th are the dates for our Income Tax Clinics. You must book an appointment for this service.

Save the Date April 15th is the Fashion Show - stay tuned for more details.

Saturday, April 17th is the second "Tribute to the Stars" presented by the Windsor Elvis Fest. Cost is \$12 and is a fundraiser for our Centres.

Tuesday, April 27th - Annual General Meeting and Open House at our East Side Centre. Stay tuned for more information.

Birding Tour of Pelee Island - Friday, May 28th. Enjoy the Ferry ride and guided island tour. Lunch is included. Cost \$70. The bus departs at 10:30 am and returns at approximately 6:45 pm. Seating is limited.

