

SENIORS' INFORMATION AND HEALTH FAIR

FOR SENIORS & THEIR FAMILIES

Thursday, November 6

10 am – 6 pm

Centres for Seniors Windsor

635 McEwan Avenue

519-254-1108

**FREE
ADMISSION!**

SEMINARS

- 10:00** **DIABETIC INFORMATION & BLOOD GLUCOSE CHECKS**
Presented by Sandi Dennison of Sandwich Community Health Centre & Lori McLaughlin of Roche Pharmaceuticals
- 12:30** **LONG TERM CARE VS. RETIREMENT LIVING**
Presented by Jennifer Ibrahim
Central Park Lodge
- 1:30** **KEEP THE FIVE ALIVE NEUROAEROBICS**
Presented by Beth McCloskey, RN
- 2:30** **SMART & SAFE**
Presented by Andrew Fisher
Walter D. Kelly & Anderson Funeral Home
- 3:30** **HEARING LOSS PREVENTION**
Presented by Bernice McKenzie,
Audiologist
Listen Up! Canada



Interactive health screenings, community displays, informative presentations and more!

INTERACTIVE EXHIBITS

- Glucose Screening
 - Chair Massage
 - Blood Pressure
 - Aromatherapy
 - Magnifiers & Talking Devices
 - Old Medication Drop Box
 - Hearing Screening
 - Spinal Testing
 - Label Reading & Healthy Portions
 - VON Health & Cholesterol Screening *
- *(pre-registration is required)

Interactive exhibits subject to availability.

**JOIN US FOR THE CANADIAN HEALTH AND PREVENTION TOUR
PRESENTED BY PFIZER FRIDAY, NOVEMBER 7TH
FROM 10:00 AM – 2:00 PM
PRESENTATIONS ON GLAUCOMA, CATARACTS,
& OSTEOPOROSIS**



This event is sponsored by the
Government of Ontario

Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario



This event is sponsored by the Older Adults Centres'
Association of Ontario